-NATIONAL SKATEBOARD REVIEW



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SKATE PARK RACES

Carlsbad Skate Park has begun its skateboard competition program. Weekdays there is Predicted Time competition. In this event, each skater takes as many runs as he wants to get used to the course. When he wants, the recorder/timer will time three of those runs. If he decides to try for the prize he makes a prediction as to the time he thinks he can run the course and pays 10c for each run he wants to try. The recorder figures how far over or under his prediction he is. At the end of the two hour session, the entry, or entries, that come closest to their prediction win three park passes. A good event, this enables even beginners to win by tuning in to what they're doing as they move through the cones.

The Saturday Slalom Races follow the usual racing format of each racer taking several runs and the fastest in each class wins. Classes are divided into professional, amateur (team affiliated non-pro), and novice. Prize for first place pro is \$50. Awards for amateur and novice first place is a prize or gift certificate to a local sporting goods store.

The program was initiated in December, however, due to Christmas and New Years there has been only one race at the time this paper went to print (Jan. 6remember I had to print the paper early due to going on vacation.)

Winners of the Slalom race are as follows:

Pro:

- 1. Pat Flanagan (Bahne)
- 2. Denis Shufeldt
- Amateur:
- 1. David Andrews (Bahne)
- 2. Marty Schaub (past Brewer team member)
- 3. Steve Sherman (G&S)
- 4. Layne Oaks (Brewer)
- 5. Scott Swanson (Turner)
- 6. Rod Frankenberger (Bahne)

none The following are the winners to date of the Predicted Time Races: Harvey Falsetti - 3 passes Jeff Dahl - 6 passes Delphin Sraranglo - 6 passes John Stapp - 3 passes Sam Anderson - 3 passes Joel King - 3 passes Kirk Coelling - 7 passes Mary Balma - 3 passes Robin Logan - 4 passes Lance Smith - 4 passes Alva DeWeese - 3 passes Bob Buckley - 3 passes Jim Liles - 3 passes Rob Smith - 4 passes Ben Larman - 6 passes Mike Nyberg - 8 passes Marty Schaub - 5 passes Rick Hardifer - 4 passes Bonnie Berry - 3 passes

The "Review" encourages parks from all over to mail in a description of their competition program and a list of winners.

John Feiderlein - 3 passes



Contestants discuss extra thrust devices while a spectator wonders "Have you ever considered brakes?"

Signal Hill RACE POSTPONED

The Speed Run at Signal Hill was postponed because of rain. Of the 38 entries, about 31 showed for the weigh in at the top of the forty-five degree hill on a drizzly, cold Sunday morning. There was plenty of buzz in the air: "is it too rainy?", "would O'Mahoney actually run a race on a wet street", "would the racers go down the hill even if he did run it?" Answers flowed from "he can't", "I hope they don't", and "looks like he will" to "I want to see the first guy go down before I make my run". The first man listed as going first had a bit of apprehension in his eye.

O'Mahoney eventually called it off. He plans to reschedule the Third Annual Speed Run for Easter vacation after obtaining the various permits required from City Hall, the

The board specifications will be the same for the next race:

- they may be no more than ten feet

- a maximum of sixty pounds (This is a hard one. At the weigh in on Jan. 2, Skoldberg's board came to 59.5 lbs: Williams had to change wheels to come under the requirement.)

- a maximum wheel diameter of four inches

- axel width must be less than twelve inches

- the wheel base must be six feet or

For safety the contest requires full leathers, boots, and a motorcycle helmet. Keep in touch with the "Coming Events" for the rescheduled date.



The crowd waited while USSA officials decided "it's a hard enough to gain any traction in the rain".

ESCAPE COUNTRY

Dear Skateboard Enthusiasts:

Escape Country proudly nounces the formation of the "Escape Country Skateboard Racing Association."

On December 22nd and 23rd the Association held its premier races. Entrants had to join the Association (\$10 per year) and pay normal gate fees. You must pre-join the Association so that you can secure the 1977 racing number you desire and have time to properly number your racing bib which is available for purchase or rental.

After the first of the year the Association will hold races every Sunday! A full time staff is being maintained to keep records and administer the racing programs. Please take note of the fact that there are two divisions (Junior is 13 years and under, Senior is 14 years and over) and four classes (Beginner, novice, intermediate, and expert) in both of the divisions; they are limited to 10 per class on any one race day. To pre-enter or for any questions call 714/586-7965 from 8 AM to 5 PM.

Sincerely, John Smith Association Director -----

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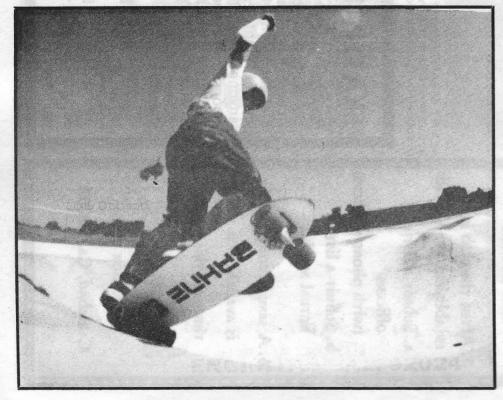
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National Skateboard Review P.O. Box 542 Carlsbad, CA. 92008

NATIONAL SKATEBOARD REVIEW - published by Skate Park Constructions, edited by Diana Dootson - welcomes photos, articles, contest (of any size) coverage, reader ads, commercial ads, and general comments from its readers. It is my hope the Review will reflect skateboarding by skateboarders. To be your voice I need to hear from you. Write to P.O. Box 542, Carlsbad, Ca, 92008





Capt. Biorhythm Interview with Brad Logan

CB: Brad, How long have you been skateboarding?

B: About 13-14 years.

CB: Where did you live originally?

B: In Hermosa Beach.

CB: Did you begin riding on clay wheels?

B: I started off on a RED Roller Derby Skateboard with steel wheels. in 1964, I did my first speed runs down a really steep hill covered with rocks. I bombed the hill three times riding on clay wheels. Later, I rode it twice more to show two friends I could do it, but on the third run I hit a rock. See that scar? I had to go home and soak the pavement out of my arms.

CB: Have you suffered many injuries, Brad?

B: I have had so many scrapes and bruises I can hardly remember them all. Twice, I have sprained both my ankles and wrists. I did my hip at the Hang Ten Championships in September.

CB: Do you think safety equipment is really important in preventing injuries?

B: Yes, I sure do! It would be great if you were protected well enough to insure being able to skate the next day.

CB: Did you see the wrist and ankle braces I use?

B: Yeah. I need some. At the Long Beach Contest, my wrist was screwed up from a previous fall. I couldn't even practice before my performance. I wish effective safety equipment that fits underneath your clothing was available. Tony (Alva), Robin (Logan), and Ellen O'Neal have all injured their hips. You don't know where I can find some good hip pads, do you?

CB: No, Brad, I wish I did. I need some desperately. The new skateboard parks are getting more radical every day. I want to ride them all, but don't anticipate the prospect of destroying my body in the process. What do you think should be done to protect the novice and yet unproven riders?

B: I think each rider should be checked out by a knowledgeable instructor or pro before they are allowed to try any new runs. Some kids are just not ready for the more radical courses. I saw one kid fall at the Anaheim Wave and I mean he slammed his head hard against the pavement. It was sure a good thing he was wearing full safety equipment.

CB: What about biorhythms? You were one of the first pros with an open mind to accept their validity. Do you think biorhythm awareness is helpful in minimizing accidents and improving performance records?

B: I sure do! You want to be prepared for everything and be in tune with your mind and body as much as possible. The Anaheim Wave is just a beginning. The parks of the future will be mind blowing. I even foresee loop-to-loops.

CB: Now come on Brad! That sounds a little too dangerous. Would you actually try to make a loop-to-loop?

B: Yup! I would give anything to try for it. I'm ready for anything the

designers can come up with.

CB: Well Brad, knowing you to be a man of much courage and skill I just hope the safety equipment can keep up with the increasing challenge of greater speeds and steeper drops. Up until now the safety equipment has proven inadequate for the most part. I know! I bought the best equipment available and still torqued my body the last time! fell. This is why I have come to you for instruction. I want to learn how to ride Carlsbad Skateboard Park without having a lack of experience retard my development.

B: Sure Captain. No problem. Keeping relaxed at all times is the key to good performance. Skating banks is just like surfing in that you have to pick your line well in advance of your movements. Your knees should act as shock absorbers, constantly working to keep your weight slightly foreward, with your body centered over your board. Don't ever lean back or your board will shoot out from underneath you. Remember, the faster you are traveling, the greater is the need to plan ahead, just like surfing at the Pipeline. You can't ever be afraid. Try to make sure you have enough speed to follow your chosen trajectory. Centrifugal force will keep you stuck to the wall. Your speed will decrease as you go up the bank. Turn and go back down before gravity overcomes your momentum and pulls you off your board. If ever you feel like you are going to fall, run off your board. Roll if you have to, but never crash on your back. Try to absorb the force of the fall with the fleshy areas of your body. Use your forearms and elbow pads to their best advantage. Protect your wrists at all cost. Broken bones occur usually when someone resists the force of impact by locking their joints. The body must stay as relaxed as possible, especially when falling.

CB: Hey, thanks Brad. Excellent advice. I salute you as one of the pioneers of skateboarding past and future. I hope you enjoy the illustrated "Adventures of Captain Biorhythm goes to Carlsbad Skateboard Park" coming up next month.

BAHNE'S freestyle demo team entertains the crowd at the 1976 Oceanside Freestyle Contest.



BRAD LOGAN CRANKS A BACKSIDE ONE WHEELER FOR PHOTOGRAPHER Warren Bloster.

LA COSTA RACE RESULTS

(Ed. Note: (F) means that racer was in the finals. The * means that racer raced as a professional; all other racers remain Amateur.)

December 19	Giant Slalom	
1. Mike Williams	17.211	
2. Henry Hester	19.154	
3. Mary Schaub	19.895	
Other racers:		
Steve Sherman	20.178	
Tommy Ryan	20.535	
Gib Lewis	20.926	
Pete Ferguson	21.078	
Mike Ferguson	21.854	
Mark Bowden	22.069	
Frank Mariscal	23.255	
Pat Ferguson	DQ	
Randy Travers	DQ	

December 19	Slalom
1. Marty Schaub	9.85
2. Scott Swanson	9.90
3. Randy Travers Other racers:	10.40
Pat Ferguson	10.50
Pete Ferguson	11.00
Frank Mariscal	11.10
Kevin Kritz	DQ
December 26	Slalom
1. Scott Swanson	9.40
2. Chris Smith	9.65
3. Pat Ferguson	9.85
4. Mike Ferguson	DQ

Hrs. Mon. - Frj. 11-6

459-0910

SIGNAL HILL

The Roller Shop
SKATEBOARDS

January 2

504 NAUTILUS

LA JOLLA



Coming Events

Saturdays

Place: Carlsbad Skatepark Event: Slalom racing Direction: Di Dootson Sponsor: Carlsbad Skatepark Info: Sign up 10:00 AM, race at 11:00; prizes for Novice, Amateur, cash for Pros; call 714/753-6214

Weekdays

Place: Carlsbad Skatepark **Event: Predicted Time racing** Direction: Di Dootson Sponsor: Carlsbad Skatepark Info: Race against yourself; prizes for closest predicted time; call 714/753-6214

Sometime in February

Place: National Skateboard Park, El Cajon, Calif.

Event: Opening Day Competition. On Sat, pros set the site record for slalom and hot dog events (360's, High Jump, etc). On Sunday they officiate the competition by novice skaters to set the site record for the same events.

Direction: Di Dootson, Pacific International Skateboard Assoc. (formally PSA, now PISA)

714/753-6214, Information: Feb. 6

Sometime in February

Place: Ventura, Calif. Event: The Third Annual Ventura Contest

Direction: Pacific International Skateboard Assoc.

Information: 714/753-6214, after Feb. 6.

February 20-22

Place: Nassaw Coleseum, New

Event: Bicycle Show to include skateboarding.

February 26, 27, 28

Place: Disneyland Hotel Convention

Event: PISA booth in the California Parks and Recreation Conference Information: There will be literature, slide show, equipment and informed staff to promote safety and public acceptance of the sport; 8 AM to 5

PM; call 714/753-6214, after Feb. 6.

February 3-6

Place: Chicago, III.; McCormack Place

Event: Sporting Goods Association show; Henry Hester giving a slalom exhibition and clinic

Information: call the show office at

McCormack Place.

Morrow Bay Races

by Jack Smith

Here are the results of our weekly races in Los Osos (Calif). We are using an average of three to four runs, depending on the number of racers. We feel this way it makes every run important. If you blow a run (DQ) you are given a set time such as 40 seconds. We used a total of 31 cones. Rather than explain the course, here is a drawing of it.

November 6	
1. Matt George	(F) 27.675
2. Bob Sennett	(F) 27.675
3. Jack Smith	(F) 28.175
4. Jim Mailey	(F) 28.875
5. Payton Hough	30.375
6. Gary Luna	30.775
7. Curt Lowgren	30.775
8. Jeff Crowe	30.925
NI - 10	

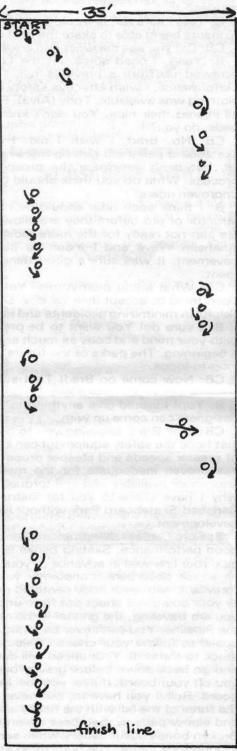
November 13	
1. Jack Smith	(F) 29.46
2. Kurt Lowgren	(F) 30.80
3. Dave Martinez	(F) 32.66
4. Gary Fluitt	(F) 33.50
5. Bryan M.	(F) 34.76
6. Carol Elliot	36.06
7. Gary Luna	37.03
8. Mike Dunn	37.46
9. Tom Nutter	37.76
10. Dean Albro	38.50

For one of the weekly races in Los Osos we charged \$3 entry fee for pros and 50 cents for amateurs. Phenomenal Kevin Niccoli kept his winning ways alive by skating to a .87 second win over 15 year old Bob Sennett. Hot amateurs Jim Mailey and Curt Lowgren placed 5th and respectively. Rhino member Jeff Enrick had some bad luck frequently sliding out on the top section of the course; he still managed to finish 14th.

While setting the course we were visited by the local sheriff. He asked if we were going to do some racing. When we replied we were he said to be careful and leave an open lane for the cars to pass through. He also told us to have a good time. We would like to thank the sheriff and the residents of this neighborhood for their cooperation. Their attitude makes for a good feeling on race

day.		
RESULTS		
1. Kevin Niccoli*		27.26
2. Bob Sennett*		28.13
3. Matt George*	T. 176, T.E.	28.55
4. Jack Smith*		28.60
5. Scott Parsons*		29.95
6. Jim Mailey		30.93
Other racers:		
Curt Lowgren		31.33
Judy Ogama		31.66
Greg Taylor		31.83
Dave Sherrill*		(F)32.10
Jeff Crowe		32.23
Bryan Martin		33.00
Jeff Emrick*		34.93
Gary Fluitt		35.86
Dave Luzano		38.36
Barb Biddick	THE STATE OF	38.53
Carol Elliot		40.90

December 12	
1. Jack Smith*	17.46
2. Paul Dunn	17.96
3. Robert Wynn	18.20
4. Van Curaza	18.66
5. Payton Hough	18.90
6. Gary Luna	19.06
7. Curt Lowgren	19.33
8. David Kuden	19.66
9. Jeff Crowe	19.90
10. Bryan Martin	19.93
11. Gary Fluitt	20.93
December 18: Giant Slalom	
1. Jack Smith*	12.13
2. Paul Dunn	12.36
3. Jim Mailey	12.93
4. Payton Hough	13.60
5. Gary Luna	13.63
6. Billy Burmeister	13.76





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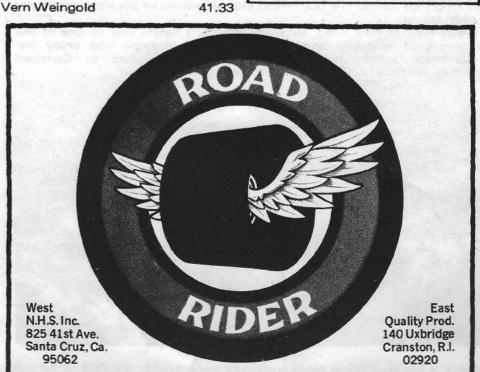
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- 1. HAVE A FACULTY Advisor
- 2. Submit a constitution
- 3. Submit a list of interested students.
- 4. Gain approval of A.S.B. Council
- 5. After the club is established you should:
 - A. Submit A list of officers
 (with phone numbers)
 - b. Submit a list of ACTUAL MEMBERS
- 6. A sample constitution is available to you through this paper

Write
P.O. Box 542
Carlsbad, Ca. 92008



KENNY MEANS, one of the featured skateboarders in "Freewheelin", in this scene from the movie now showing in Southern California. Film produced by Scott Dittrich.

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Graham and O'Malley's long awaited manual on developing skateparks for maximum fun, safety, acceptability and profits. The builders of Carlsbad—and the foremost skatepark designers in the country—have put together a MUST for anyone interested in being early in the coming boom in skateparks. Covers everything from site selection through economic feasibility, engineering, construction, zoning, right up to profitable park operation. Order your copy now from:

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